

GynecoFood™ PROJECT

Aims

GynecoFood™ wants to be a windows on the female gender nutrition. A place open to all the stakeholder interested to collaborate together to improve woman's life.

Women have a special role in healthy nutrition of the population. The woman breastfeeds the newborn baby and prepares meals for members of her family. Women employees in food manufacturing, trade, health care and education account for the majority. In addition, public health depends upon women's understanding of healthy nutrition issues. Women, therefore, play a key role in implementing a healthy nutrition policy, both in the family and in society as a whole.

• **GynecoFood™ purposes**

- a-promote the development of a international project for interdisciplinary research in the field of "Food Science and Woman"
- b- develop research between specialists on food knowledge, new formulations in the field of nutraceuticals, cosmeceuticals, nutrigenomics, functional foods etc, able to stimulate multidisciplinary research on how to solve the global challenges within the "food health and woman environment .
- d-develop new lines of cooperation in the interface of academic and industrial expertise skills, stimulating technology transfer.
- e-strengthen discipline of nutrition and its applications for the prevention of gynecological diseases related to food and improve the women life style.
- f-develop excellence of international research to invest in the field of food studies, and woman's health, its cultural and social aspects, through the establishment of working groups made up of researchers from research institutes, universities and industries.
- g-promoting, information and training to the public under the motto "Science & Society"
- h- proposals, suggestions, studies, research in academic fields, industrial, social and political institutions
- i-collaborate with international organizations (FAO-WHO-EFSA)
- l-collaborate with international research centers or institutions that have the same goals and objectives.

GynecoFood™ is not just for women and food, and not just for women. Addressing women's health is a necessary and effective approach to strengthening health systems overall – action that will benefit everyone. Improving women's health to women, to their

families, communities and societies at large. ***Improve women's health means improve the world.***

The idea of the project belongs to Dr. Giuseppe Orlandi, Gynecologist and Director of Research at the National Research Council of Italy, the largest organization of Italian research. <https://www.cnr.it/en>

"My intention is to bring together in a big female nutrition project GynecoFood™, researchers, food companies, institutional organizations, public and private research centers etc.

Write to me, by filling the contact form, " **Let's build together an innovative aspect on gender nutrition for women**".